

Here is a list of items that your child should be able to do before starting kindergarten:

#### Your child should be able to:

- Write at least their first name.
- Name at 12 (or more) upper case alphabet letters.
- Name at 12 (or more) lower case alphabet letters.
- Name at 6 (or more) sounds the alphabet letters make.
- Count from 0-20 (or higher).
- Recognize and write numbers 0-5.
- Count at least 5 objects.
- Name the four basic shapes: Circle, Square, Triangle, Rectangle
- Identify the colors: White, Black, Brown, Red, Yellow, Blue, Green, Orange, Purple, Pink.
- Hold a pencil correctly.
- Hold scissors correctly (thumb up).

#### Skills you can get a head start on for the Mountain Lion Award:

- Say my telephone number
- Say my address
- Say my birthday



Write your child's name on the line below and have them copy it. See if they can do it on their own. Make sure the first letter is uppercase and the rest lower case.

| Name: | <br> |      |
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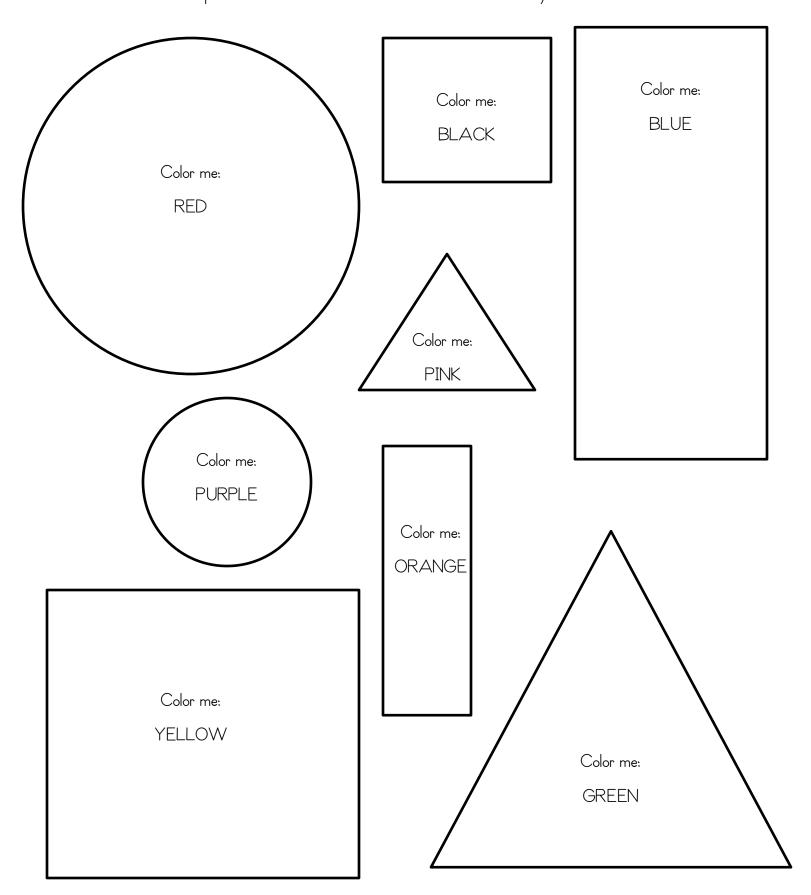
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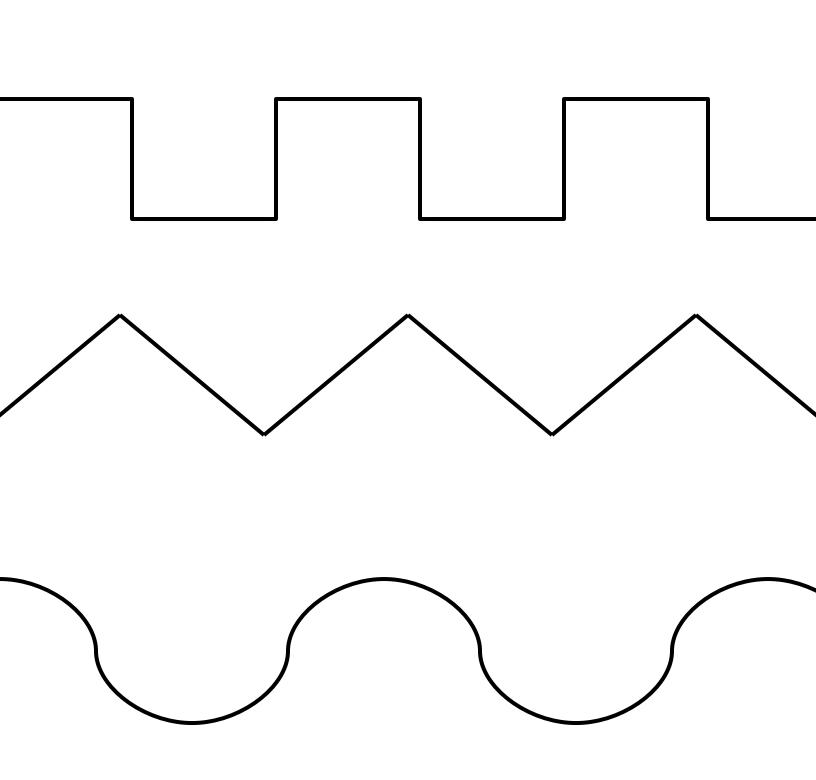


Name the shapes and color them the correct color, remember to stay in the lines.





Practice cutting along the lines and remember "thumbs up" when holding your scissors.





This is a list of other resources you can use at home to help prepare your child for Kindergarten:

#### ONLINE:

- www.starfall.com
- www.pbskids.org
- www.scholastic.com/parents/play/
- www.getreadytoread.com
- www.abcmouse.com

#### TV or DVD:

- Leap Frog's DVD: Letter Factory
- SuperWhy! (Can watch on PBS or online).